



Personal, Social Health & Education Policy

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Document Quality Control

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Policy

1.0 Introduction

- 1.1 This policy should be read in conjunction with the college RSE policy, E-safety Policy, Anti-bullying Policy, Gender Policy, Prevent Policy, Substance Misuse Policy, the Student Wellbeing Policy and the First Aid & Medical Care Policy.
- 1.2 In creating this policy, the following guidance was looked at:
- Relationships and Sexuality Education (The Code) 2022
- 1.3 Personal Social Health Education (PSE) and Relationships, Sexuality Education at Cardiff Sixth Form College reflects the aims of the Relationships and Sexuality Education by preparing learners to be personally and socially effective by providing learning experiences in which they can develop and apply their skills, explore personal attitudes and values and acquire appropriate knowledge and understanding.
- 1.4 Specifically, the themes identified in the PSE and RSE framework are:
- Relationships and Sexuality Education
 - Active citizenship
 - Healthy and emotional well-being
 - Moral and spiritual development
 - Preparing for Lifelong Learning
 - Sustainable development and global citizenship.
- 1.5 Cardiff Sixth Form College aims to assist pupils to prepare for adult life by supporting them through their physical, emotional and moral development, and helping them to understand themselves, respect others and form and sustain healthy relationships. As a result of this, the above key themes are not only prominent within the PSHE curriculum but are also reinforced throughout monthly pastoral themes, promotion of local and national awareness weeks and days and via other college pastoral initiatives such as the CREATE © portfolio.

2.0 Statutory Requirements

- 2.1 is a statutory requirement within the basic curriculum for pupils aged 3 to 16, however The college recognises the importance of extending PSHE to all pupils in order to enhance and broaden their education experience. As a result of this, all pupils receive one session of PSHE a week.
- 2.2 The Relationships and Sexuality Education guidance, provides the context for exploring many aspects of sexuality and the importance of responsible, appropriate, and healthy personal relationships. In addition to this, pupils are given information on digital wellbeing and safety, the dangers of alcohol and substance misuse, the importance of exercise and of leading a healthy lifestyle. Students are encouraged to explore themes on radicalisation and extremism, along with other key safeguarding themes such as damaging and exploitative relationships.

3.0 The Learning Outcomes of PSHE

- 3.1 At the end of each topic pupils are encouraged to complete pupil self-review and evaluation worksheets to enable pupils to share their thoughts and opinions on the content of PSHE lessons to ensure they are appropriate and relevant to pupils' needs. In addition, annual learner voice questionnaires allow students the opportunity to feedback on delivery and further improve teaching and learning practice.

4.0 Confidentiality and Child Protection

- 4.1 When teaching any sensitive issue, if there is reason to believe a pupil is at risk or a cause for concern, the college's safeguarding procedures are followed. Teachers are not permitted to guarantee confidentiality to students. Whenever they believe that a student is involved in illegal or dangerous behaviour inside or outside school, or online or offline they have a duty to inform the Designated Safeguarding Person. Similarly, if a child is being abused in any way a teacher is obliged to report it even if the student asks them not to. Teachers are required to make it clear that they cannot maintain confidentiality.

5.0 Working with Parents and Carers

- 5.1 As a college the importance of collaboration between staff and parents and carers is appreciated.
- 5.2 Any concerns about the delivery of the PSHE programme should be directed to the college Head of Boarding and Pastoral.